

## Extract of Verses from

# **BONDAGE AND FREEDOM**

Alas! I Have Witnessed The Walls Of The Mortal Cage  
Behold! I Have Witnessed The Thousand Streams Of Bliss  
But Finally In The End I Shall Blow The Trumpet Of The Divine  
But Finally In The End I Shall Cease To Incarnate  
But Finally In The End I Shall Outshine All The Stars Popular Quotes on Liberation  
If You Want Freedom, Drink The Divine Nectar! O Mortal!  
If You Want Freedom, Follow Not The Dark Shadows Of Your Heart! O Mortal!  
If You Want Freedom, Nurture Your Soul Wisdom! O Mortal!  
If You Want Freedom, Tune In With The Quiescent And Unborn! O Mortal!  
Are Not The Sprouts Here The Mark Of A Seed! O Mortal!  
Be Sure He Who Sees Him Sees All! O Mortal!  
Be Sure With A Golden Vessel Is The Face Of The Real Covered! O Mortal!  
Let The Eternal Sparks Issue From The Divine Digestive Fire Within! O Mortal!  
Let You Witness The Bird Of The Golden Hue That Abides In Your Heart  
Why Don't You Emerge Out Of The Cavern Of Your Senses! O Mortal!  
Why Don't You Let Your Thoughts Disappear Together With Its Support Into Divinity  
Behold! I Move Through Death But The Death Knows Me Not  
I Am The Celestial Radiance That Arises Out Of Sacrificial Rites! O Mortal!  
Know This Self Which Is The Source Of All! O Mortal!  
Sorrow Not For Indeed Your Self Is Unborn And Uncaused! O Mortal!  
Verily The Sun Is The Divine Principle! O Mortal!  
Alas! Shall He Punish Us For Breaking The Sacred Promise  
Alas! Shall Our Souls Fly Out Of The Mortal Snare  
Alas! Shall We Choose To Be Enslaved By The Darkness  
Alas! Shall We Ever Pluck The Forbidden Fruit  
Alas! Shall We Keep Hovering Between The Spirit And The Flesh  
Behold! Shall He Lend His Whispers To Our Wishes  
Behold! Shall We Soar With Our Wings To Our Nests Of Trinity  
Alas! Shall The Royal Blacksmith Break Open Our Iron Chains  
O Lord! Take Me To The Land Beyond Darkness  
O Lord! Take Me To The Land Beyond Wailing  
O Lord! Take Me To The Land Beyond Wailing  
O Lord! Take Me To The Land Where There Is No Defilement  
O Lord! Take Me To The Land Without Possessions  
O Oh! My Earthen Vessel Has Just Been Filled With His Sweat Scented Wine  
Be Sure! I Shall Rejoice In The Depths Of My Silence  
Be Sure! I Shall Rejoice In The Pure Calm Of Cosmic Sleep  
But Finally In The End I Shall Drink From The Cup Of My Divine Consciousness  
But Finally In The End I Shall Escape The Maze Of Mortals Pursuits  
I Seek Joy Which Can Quench The Thirst Of My Soul

Come And Drink From The Ocean Of Delight! O Mortal!  
Do Dance Amidst Your Tears And Laughter! O Mortal!  
Let Not The Darkness Stay For Eternity! O Mortal!  
Look My Love Waits On The Other Shore! O Mortal!  
Where Do You Seek Me! O Beloved!  
You Can Tread The Tortuous Path Of Love! O Mortal!

**About Author:** The mystic writings and poems of author Anand Krishna helps us in dealing with everyday issues such as the strength of will power, the creativity to see beyond problems, importance of positivity and the true meaning of success. For all who feel that stress and nervousness are an unavoidable fact of modern life, the mystic poems of Anand Krishna reminds us that within each of us is an inner core of universal peace and harmony that we can learn to access at will. The mystic poems and writings of Anand Krishna shows us how to overcome fear, worry, anger, nervousness and moodiness. His writings also teach us how to Stay calmly in the present and to stay actively focused, no matter what is going on around us and also teaches us to Experience the mystic and expansive timelessness and beauty of each moment. The spiritual and mystic poems of the author caters to the deepest needs of the human heart and soul. These poems reveal how we can meet the daily challenges to our physical, psychological, emotional and spiritual well-being - by awakening our divine nature, the neglected reality at the core of our being.

Through his writings the author succeeds in dispelling the myth that God is beyond our reach and beyond our self. He points out that it is not only possible to converse with God but to receive definite responses to our prayers and also converse with our divine self. The author Anand Krishna helps us to realize how close that infinite and all-loving Being is to each one of us. He also explains how we can make our prayers and thoughts so powerful and persuasive that they will bring a tangible response from the mystic universe. The books written by Anand Krishna motivates the readers how to be devoid of a harsh, materialistic life and live a life of peaceful serenity governed by quality and not quantity. The spiritual poems written by the author deal with complex issues in a very easy-to-understand and simple manner, inviting the readers to explore their inner selves through meditation and contemplation. The teachings of the author alters the perspective and attitude that people approach life with, changing one's thought process to invite and draw true material and spiritual success and prosperity .The books written by the author also highlights the key to dissolving obstacles both physical and spiritual while dealing with natural feelings of fear and the feeling of being lost. The author has been greatly inspired by the mystic philosophies propounded in the Geeta, Upanishads, Sufi literature and other ancient mystical works. **The Author Shree Anand Singh (Pen Name: Anand Krishna) has written on various spiritual aspects of human existence in this world and beyond.**

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**CHAPTER 1 - WITNESSING THE THOUSAND STREAMS OF  
BLISS (POEMS BASED ON GEETA)**



**(Artist: Hendrick ter Brugghen Date: 1588-1629)**

Poem Source: From the Book "The Divine Dialogue" By Anand Krishna  
Poem on **Liberation**

### **Alas! I Have Witnessed the Walls of the Mortal Cage**



(Artist: Briton Riviere Date: 1869)

**I have witnessed my soul in bondage.  
I have witnessed my soul in eternal freedom.  
I have witnessed the dream delusions.  
I have witnessed the mortal absurdity.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed the mortal afflictions.  
I have witnessed the mortal limitations.  
I have witnessed the mortal dreaming.**

**I have witnessed the mortal ignorance.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed the burning of my mortal roots.  
I have witnessed the burning of my mortal incarnations.  
I have witnessed the burning of my mortal pursuits.  
I have witnessed the burning of my mortal possessions.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed the actionless state.  
I have witnessed the divine perfection.  
I have witnessed the hidden peace.  
I have witnessed the lost solace.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed the infinite expansion.  
I have witnessed the divine communion.  
I have witnessed the bars of the infinite incarnations.  
I have witnessed the ethereal bliss.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed the ethereal infinitude.  
I have witnessed the extinguishment of my ego.  
I have witnessed the extinguishment of my desires.  
I have witnessed my kingly soul.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed my royal spirit.  
I have witnessed my overarching spirit.  
I have witnessed the afflictions of "me".**

**I have witnessed the afflictions of "mine".  
Alas! I have witnessed the walls of the mortal cage.**



(Artist: Raja Ravi Varma Date:  
1848-1906)

**I have witnessed the spirit communion.  
I have witnessed the divine anchoring.  
I have witnessed the divine struggle.  
I have witnessed the final goal.  
Alas! I have witnessed the walls of the  
mortal cage.**

**I have witnessed the drinking of nectar of  
bliss.  
I have witnessed the state of finality.  
I have witnessed my roaming in the  
wilderness of matter.  
I have witnessed the temporary blossoms  
of pleasure.  
Alas! I have witnessed the walls of the**

**mortal cage.**

**I have witnessed the working out of my mortal desires.  
I have witnessed the unending incarnations.  
I have witnessed the emancipation before death.  
I have witnessed the freedom before death.  
Alas! I have witnessed the walls of the mortal cage.**

**I have witnessed the wheel of births and deaths.  
I have witnessed the wheel of desires and passion.  
I have witnessed the irrevocable state.  
I have witnessed the final state.  
I have witnessed the pillar of divinity.  
I have witnessed the end of reincarnations.  
Alas! I have witnessed the walls of the mortal cage.**

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**Symbolic Sparrow:** The Sparrow is always vigilant of his goals. She is always working for her food, foraging and building her nests, and gathering food for her babies. She is Fastidious and productive, the Sparrow reminds us that idle hands/minds should be avoided and this will ensure we live a full, healthy life. (Source: <http://tattoosymbolism.blogspot.in>)

Poem Source: From the Book "The Divine Dialogue" By Anand Krishna  
Poem on **Liberation**

**Behold! I Have Witnessed the Thousand Streams of Bliss**



(Artist: Francois Auguste Biard  
Date: 1849)

**I have witnessed the thousand channels  
of grace.  
I have witnessed my mortal compulsion.  
I have witnessed my past desires.  
I have witnessed my mortal cravings.  
Behold! I have witnessed the thousand  
streams of bliss.**

**I have witnessed my mortal bondage.  
I have witnessed the consciousness of "I".  
I have witnessed the consciousness of**

**"mine".**

**I have witnessed the magic flute of my soul.  
I have witnessed the magic enchantment of my heart.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the roaming of the mortals.  
I have witnessed the craving of the mortals.  
I have witnessed the desires for temporal possessions.  
I have witnessed the formula of peace.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the alchemy of grace.  
I have witnessed my asceticism.  
I have witnessed my renunciation.  
I have witnessed the sprouting of my mortal seeds.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the sprouting of my divine roots.  
I have witnessed the endless roaming.  
I have witnessed the endless wandering.  
I have witnessed the endless knot.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the endless labyrinth.  
I have witnessed the endless entanglement.  
I have witnessed the insatiable weavings of lust.  
I have witnessed the endless longings.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the endless bindings.**



**I have witnessed my noble inclinations.  
I have witnessed my spiritual ambitions.  
I have witnessed the freedom from my ego.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the desireless desires.  
I have witnessed the divine relinquishment.  
I have witnessed the divine renunciation.  
I have witnessed the sacred flame of wisdom.  
Behold! I have witnessed the thousand streams of bliss.**

**I have witnessed the sacred eternal vigil.  
I have witnessed the sacred immunity.  
I have witnessed the sacred separation.  
Behold! I have witnessed the thousand streams of bliss.**

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**Shamrock:** From a spiritual perspective, the four-leaf clover may represent the same divine triune as the one prescribed by Saint Patrick: Father, Son, and Holy Ghost with the fourth leaf symbolizing man or humanity. Therefore the presence of this fourth leaf (mankind) signifies redemption. Meaning of clover and shamrocks deals with growth, financial gain, success, good health and achievement. (Source: <http://tattoosymbolism.blogspot.in>)

Poem Source: From the Book "The Whisper of the Gods" By Anand Krishna  
Poem on **Liberation**

### **But Finally In the End I Shall Blow the Trumpet of the Divine**



(Artist: Raja Ravi Varma  
Date: 1848-1906)

**Even though I remain in egoistic state.  
Even though I remain bewildered.  
Even though I identify with my bodily conditions and impulses.  
Even though I act in accordance with the dictates of my senses.  
But finally in the end I shall regain my divine consciousness.**

**Even though I fail to keep a constant vigil.  
Even though I no more remain in my wakeful state.  
Even though I suffer from the evils and miseries of human existence.  
Even though my consciousness is turned sense ward.**

**Even though my consciousness is turned away from inner intuitive perception of truth.**

**But finally in the end I shall attain ecstasy and the divine communion.**

**Even though I have failed to guide my actions with wisdom and self control.**

**Even though I submit to the dictates of my senses.**

**Even though the reins of my control are in the hands of my ego.**

**Even though I fail to refrain from sense indulgence.**

**But finally in the end I shall cross the stormy sea.**

**Even though I am confused about action and inaction.**

**Even though I fail to comprehend true action.**

**Even though I fail to comprehend the knowledge that will free my soul from evil.**

**Even though I fail to comprehend the nature of my karma.**

**Even though I fail to comprehend the nature of proper action.**

**Even though I fail to comprehend the divine expression.**

**Even though I fail to comprehend the divine manifestation in nature.**

**Even though I remain a casual observer.**

**Even though I remain full of contradictions.**

**But finally in the end I shall cross the endless mortal desert.**



*(Artist: Abraham Bloemaert Date: 1625)*

**Even though my existence depends upon relativities.**

**Even though my perception and cognition is short sighted.**

**Even though I look for immediate results and gains.**

**Even though I have a chequered history.**

**Even though I have had innumerable incarnations.**

**Even though I have yet to achieve the far sighted wisdom.**

**But finally in the end I shall reach the gates of heaven.**

**Even though I fail to comprehend the ultimate outcome of my actions.**

**Even though I fail to comprehend the nature of wrong actions.**

**Even though I fail to comprehend the nature of inaction.**

**Even though I fail to receive absolute guidance.**

**Even though I fail to recognise my ultimate highest good.  
Even though my actions fail to arouse my soul consciousness.  
Even though I am yet to be freed from my sense enslavement.  
Even though I am yet to experience soul enjoyment.  
But finally in the end I shall reach the shores of eternity.**

**Even though my ego has not yet united with my soul.  
Even though my soul has not yet united with the divine.  
Even though I am yet to be liberated from the bondage of my senses.  
Even though I fail to worship at the body temple of my soul.  
Even though I fail to orient all my activities towards my soul.  
Even though I am yet to see my soul awakening.  
Even though I remain entangled in egotism.  
Even though I fail to perceive the holy vibrations.  
But finally in the end I shall reach the shores of divinity.**

**Even though I arouse my frivolous nervous and base emotions.  
Even though I fail to dispel the coarser vibrations.  
Even though I have failed to achieve the symphonic brilliance.  
Even though I have failed to achieve personal harmony.  
Even though I have failed to hear the devotional chanting.  
Even though I have failed to achieve the intense concentration.  
Even though I have yet to be absorbed in the seed thoughts and sound.  
But finally in the end I shall achieve my final emancipation.**

**Even though I fail to comprehend the expressions of the creative world.  
Even though my heart has not yet been bestowed with joy.  
Even though I am yet to experience the vibratory awakening.  
Even though I am yet to experience those blissful moments.  
Even though I am yet to regain the memory of my divine origin.  
Even though I am yet to regain my spiritual potency.  
But finally in the end I shall blow the trumpet of the divine.**

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**Angels:** Angels in dreams are the personification of a divine idea that has occurred to us. Angels appear in our dreams when we are examining our attitudes, and indicate that we need to also examine our motivations. The Angel is a messenger. When we take the time to trust and soul-search, they will lead us to new insights and new directions. Dream appearances of Angels also indicate a strong desire of harmony, guidance, strength, friendship and emotional connection. (Source:

<http://www.whats-your-sign.com>).

Poem Source: From the Book "The Whisper of the Gods" By Anand Krishna  
Poem on **Liberation**

**But Finally In the End I Shall Cease to Incarnate**



(Artist: Matthias Stom Date: 1639)

**Even though I fail to act for the lord with subjective aloofness.  
Even though I fail to look for his guiding hand.  
Even though I fail to comprehend my ego's propensity.  
But finally in the end I shall cease to incarnate.**

**Even though I fail to comprehend my egotistical desires.  
Even though I succumb to**

**dejected aloofness.**

**Even though I suffer from laziness and indifference.  
But finally in the end I shall cease to incarnate.**

**Even though I have failed as an actor on the mortal stage.  
Even though I have misunderstood my part in the cosmic drama.  
Even though I constantly court disaster.  
But finally in the end I shall cease to incarnate.**

**Even though I repeatedly die of mortal fright.  
Even though I have failed to please the cosmic director.  
Even though I act for my selfish interests.  
But finally in the end I shall experience the cosmic explosion.**

**Even though I nourish the root causes of all my miseries.  
Even though I fail to comprehend my creation with the divine decree.  
Even though I remain busy in pleasing the mortals.  
But finally in the end I shall experience the thousand suns.**

**Even though I fail to ponder about the divine dispensation.  
Even though I worship my ego and self interest.  
Even though I fail to dedicate the results of my action to the lord.  
Even though I have failed to achieve my selfless motivation.  
But finally in the end I shall experience the thousand suns.**

**Even though I fail to accomplish the lords will.  
Even though I keep working for my misery bestowing ego.  
Even though I grieve for my mortal goals.  
But finally in the end I shall experience the thousand suns.**

**Even though I am yet to experience the enthralling emotion of succeeding for the lord.**

**Even though I fail to invoke the divine in my actions.**

**Even though my heart and soul is yet to be cauterised in the flame of the inherent divine wisdom.**

**But finally in the end I shall experience the thousand suns.**



*(Artist: Bernardo Strozzi Date: 1635)*

**Even though my pursuits are not devoid of selfish plans.**

**Even though I keep longing for the results of my actions.**

**Even though my actions are not purified by the fire of wisdom.**

**But finally in the end I shall experience the cosmic explosion.**

**Even though I am bound by the actions of my mortal body.**

**Even though I continue to remain a stranger.**

**Even though I keep suffering from mortal attachments.**

**But finally in the end I shall experience the cosmic explosion.**

**Even though I keep identifying with the fate of my mortal frame.**

**Even though I have failed to merge in the vastness of my spirit.**

**Even though I remain confined to my mortal frame.**

**Even though I have failed to joyfully resign my will to lord's will.**

**But finally in the end I shall experience the cosmic explosion.**

**Even though I have failed to achieve the state of freedom in action.**

**Even though I have not relinquished the fruits of my work.**

**Even though I am not yet fully contented.**

**But finally in the end I shall experience the cosmic explosion.**

**Even though I have not yet let go the wishes of material rewards.**

**Even though my actions keep binding my heart and soul.**

**Even though I remain bewildered in the midst of mortal activities.**

**But finally in the end I shall wear the royal crown.**

**Even though my soul is yet to gain control of my heart.**

**Even though I am not freed from my karmic bondage.**

**Even though I continue to suffer the cause effect of laws of nature.**

**But finally in the end I shall wear the royal crown.**

**Even though I continue to suffer from my delusion enforced desired and attachments.**

**Even though I remain enslaved to the results of my actions.**

**Even though I remain enslaved to the catalytic agents of delusion.**

**Even though I remain tied to my mortal possessions.**

**But finally in the end I shall experience the thousand suns.**



*(Artist: Henryk Siemiradzki Date: 1843 - 1902)*

**Even though I am not yet established in my soul consciousness.**

**Even though I am yet to renounce my inner and outer possessions.**

**Even though I remain enslaved by the karmic effects of my actions.**

**Even though the mortal shadow still follows my divine form.**

**But finally in the end I shall experience the thousand suns.**

**Even though my egoistic karma always follows my mortal frame.**

**Even though I fail to attain the state of nonattachment.**

**Even though I fail to attain the state of true renunciation.**

**Even though I remain enslaved to the moods and propensities manifesting from my past karmas.**

**Even though my soul remains confined by the law of karma.**

**But finally in the end I shall be divinely**

**free.**

**Even though I am yet freed from the fetters of the phenomenal world.**

**Even though I am not yet divinely free.**

**Even though I am not free from delusive human hopes.**

**Even though the power of feeling is not yet controlled by my spirit.**

**But finally in the end I shall be divinely free.**

**Even though I have not yet received with contentment my mortal fate.**

**Even though I have not yet comprehended the divine fate that awaits my heart and soul.**

**Even though I am not poised above the dualities.**

**Even though I am not devoid of jealousy, envy or enmity.**

**Even though I remain bewildered with my mortal gain and loss.**

**But finally in the end I shall be free from all dualities.**

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**Mountain:** Mountains in our dreams symbolize conquering, overcoming, hard work, willpower, and ascending above petty circumstances. Climbing the Mountain implies hard work in learning a new skill. Descending the Mountain implies stepping back from a situation, taking time to think about your actions, getting a second opinion. A Mountain range in your dream represents a new adventure, and is a message encouraging expansion in your life. (Source: <http://www.whats-your-sign.com>).

Poem Source: From the Book "The Whisper of the Gods" By Anand Krishna  
Poem on Liberation

### **But Finally In the End I Shall Outshine All the Stars**



(Source:  
<http://www.exoticindiaart.com>)

**Even though I have yet to comprehend the wisdom gathered since antiquity.  
Even though I am yet to cure my disharmonies.  
Even though I am yet to overcome my worries, sorrow, fear and anger.  
Even though I am still immersed in careless indulgence.  
Even though I fail to comprehend the beauties and expressions of the divine.  
But finally in the end I shall outshine all the stars.**

**Even though I am yet to experience the thrill of joy.  
Even though I am yet to experience the ecstatic communion with the divine.  
Even though I have failed to harness the wild stallion of my senses.  
But finally in the end I shall outshine all the stars.**

**Even though I overindulge my senses of sight, hearing, smell, taste and touch.  
Even though I lull myself into insensibility.  
Even though I attempt to destroy all hopes of happiness.  
But finally in the end I shall outshine all the stars.**

**Even though I drive into the ditch of satiety, misery and ill health.  
Even though I savour the taste of poisoned mortal honey.  
Even though I savour the taste of poisoned pleasures.  
But finally in the end I shall see through the mortal mist.**

**Even though I fail to use my sensory instruments with discrimination.  
Even though I fail to comprehend the spiritual commandments.  
Even though I fail to comprehend the dire cosmic consequences.**

**But finally in the end I shall see through the mortal mist.**



(Source:  
[hinduismdecoded.blogspot.in](http://hinduismdecoded.blogspot.in))

**Even though I offend the laws of my soul and nature.**

**Even though I overindulge my sensory appetites.**

**Even though I hurtle myself towards self destruction.**

**Even though I fail to satisfy my soul impulses of generosity.**

**Even though I fail to alleviate the sufferings of the less fortunate.**

**But finally in the end I shall see through the mortal mist.**

**Even though I fail to transmute my sacred and powerful creative force.**

**Even though I fail to shape my will and judgment to pursue true happiness.**

**Even though I forcefully open the gateways to physical and mental discomforts.**

**But finally in the end I shall see through cosmic delusion.**

**Even though I fail to seek the pleasure of good company.**

**Even though I keep performing misery making actions.**

**Even though I fail to free myself from all karma producing actions.**

**But finally in the end I shall see through cosmic delusion.**

**Even though I am not yet freed from necessity of action.**

**Even though I am not yet freed from desire for action.**

**Even though I am yet to experience the ceaseless inner merriment.**

**But finally in the end I shall see through cosmic delusion.**

**Even though I fail to comprehend nonbinding action.**

**Even though I have failed to achieve the state of inaction.**

**Even though the way is not yet opened for liberation.**

**But finally in the end I shall see through cosmic delusion.**

**Even though I fail to perform actions spiritually helpful to humanity.**

**Even though I have yet to reach the full expression of my inner state of spiritual emancipation.**

**Even though I am yet to savour my quiet hours.**

**But finally in the end I shall wear the royal attire.**

**Even though I fail to heal the mortals of their physical mental and spiritual miseries.**